

# Corporate Summary

June 2011



## Board of Directors

### Officers:

- David Ferguson  
Chair
- Mavis Hurley  
Vice-Chair
- Harry Doyle  
Treasurer
- Donald J. Peters  
Secretary

### Members:

- Rod Borden, Saint John
- Karen Branscombe, Moncton
- Richard Breault, Neguac
- Leo Burns, Miramichi
- Dr. Natasha Campbell,  
Moncton
- Cathy Carnahan, Chelmsford
- Lise Drisdelle-Cormier,  
Rothesay
- Madeleine Drummie,  
Oak Bay
- Larry Hachey,  
Quispamsis
- Jean-Eudes Levesque,  
New Maryland
- Donna Mazerolle,  
Saint John
- Barbara A. Quigley, Moncton
- Wayne Roach, Aroostook
- Roxanne Sappier,  
Tobique First Nation

### 1. Research Ethics Board update

The mandate of the Research Ethics Board (REB) is to conduct an ethical review of every research project within Horizon that involves human participants. Horizon has one of the most efficient REBs, taking only 46 days for full board reviews and 14 days for delegated reviews. Over the last year, the REB reviewed 146 new research study applications, along with adverse event reports, protocol amendments and annual study re-approvals. Horizon is one of the only institutions in Canada to have successfully implemented a centralized research ethics review process and is the only one in Canada to have its REB designated as a leading practice by Accreditation Canada.

### 2. Board provided strategic plan framework progress report

The Board of Directors received a progress report of strategic initiatives as identified in Horizon Health Network's strategic planning framework. The four-year strategic plan framework was developed in consultation with the public, community stakeholders, staff and physicians. The 37 identified strategic initiatives focus on progressive patient-oriented care, research and innovation. Examples of strategic initiatives that have been implemented during the last three months include participation with partners in initiatives related to health promotion and wellness; collaboration with Horizon's First Nations Liaison Committee to enhance the development of services for First Nations; and establishment of three new Clinical Networks of ambulatory care, breast health and nephrology. The Board of Directors will receive progress reports on a bi-annual basis. Horizon's strategic plan framework can be found on Horizon's website at [www.HorizonNB.ca](http://www.HorizonNB.ca) under the About Us, Strategic Framework menu item.

### 3. 2010-2011 Annual Report highlights achievements and financial statements

Horizon's Annual Report for the fiscal period of 2010-2011 provides an overview of the organization's accomplishments and challenges over the past fiscal year. The report also summarizes Horizon's financial results and includes the organization's audited financial statements. Horizon ended a successful fiscal year with an approximate overall deficit of \$2 million on revenues of \$1.1 billion. An overall deficit of \$2 million represents 0.18 per cent or a fifth of a per cent of revenues. This is the third consecutive year Horizon has balanced its regular operations. The Annual Report can be obtained on Horizon's website, [www.HorizonNB.ca](http://www.HorizonNB.ca)

### 4. Ronald McDonald Family Room® opens at The Moncton Hospital

The Ronald McDonald Family Room® in The Moncton Hospital opened to families of pediatric and neo-natal patients on June 3 following an official opening ceremony. The Moncton Hospital is the first hospital

in New Brunswick and only the fourth in Canada to have a Ronald McDonald Family Room®. The new room located next to the Women's and Children's Health and Maternity unit on the second floor of The Moncton Hospital offers families with children receiving treatment a place to rest and relax, away from the hospital setting. The 950-square-foot space has a large living room and dining area, a kitchen, a washroom with a shower, and an arts and crafts area. The project is a partnership between Ronald McDonald House® Atlantic Canada and The Moncton Hospital.

#### 5. St. Joseph's Hospital Foundation completes campaign

The St. Joseph's Hospital Foundation recently completed its CareConnections Campaign thanks to generous contributions from community partners and donors. The Foundation's campaign raised \$3.2 million to purchase two digital mammography machines, a lithotripsy machine, and a new CT scanner for St. Joseph's Hospital. The new units will improve access for patients in Saint John and surrounding communities who require a mammography screening or a CT scan, as well as patients who require treatment for kidney stones.

#### 6. Saint John Regional Hospital opens new Emergency Department

The Saint John Regional Hospital's new Emergency Department opened to the public on May 13. The new, 3,970-square-metre addition to the hospital offers patients a modern facility with the latest equipment. The new department features seven trauma beds, a new digital imaging X-ray machine, bedside computers, automated medication dispensing units, new procedure and surgical lights and special articulating arms in the trauma suite. The Emergency Department at the Saint John Regional Hospital is part of the designated level one trauma facility within New Brunswick's Provincial Trauma Program and serves patients from across New Brunswick.

#### 7. Atlantic Bioethics conference held

The 22nd Annual Canadian Bioethics Society Conference titled 'Excellence in Health Care: Meeting the Challenges of Sustainability', was held at the Saint John Regional Hospital in June. The conference was hosted by Horizon's Department of Ethics Services. It brought together bioethicists, health-care professionals and leaders, researchers, students and other interested individuals to discuss and disseminate research and evidence toward achieving a health-care system from health policies that are both sustainable and ethical. The keynote speaker was Robert Evans, a health economist with the Centre for Health Services and Policy Research. The conference featured more than 70 presentations.

#### 8. Population Health Promotion – Chronic Disease Management Department hosts Atlantic Chronic Disease Congress

The annual Atlantic Chronic Disease Congress hosted by Horizon's Population Health Promotion — Chronic Disease Management Department was held in Moncton in June. The event attracted more than 150 health-care professionals from across the region and provided an opportunity for knowledge exchange, skill building and networking. The theme of this year's event was Mental Health and Resilience in the Prevention and Management of Chronic Disease.

#### 9. The Dr. Everett Chalmers Hospital Auxiliary Celebrates 120 Years of Service

The Dr. Everett Chalmers Hospital Auxiliary Inc., which is the oldest, continuously operating hospital auxiliary in Canada, celebrated its 120-year anniversary on June 22. Since 1990 the Auxiliary has donated more than \$3.7 million to enhance patient care. Recent donations include the upgrade of three minimally invasive surgical suites in the amount of \$450,000; the purchase of a \$100,000 optical tomography coherence machine and funding for an \$86,000 motility machine.

#### 10. Horizon's Accreditation survey and highlights publication available on-line

Horizon's full accreditation report is available on-line for the first time as well as an electronic publication that outlines the Accreditation results. The publication highlights Horizon's recently achieved accreditation status and gives an overview of successes and challenges identified during the accreditation process. Horizon received a three-year accreditation status from Accreditation Canada. Accreditation is a voluntary, national survey program for assessing health-care. Both reports are available on Horizon's website at [www.HorizonNB.ca](http://www.HorizonNB.ca).

#### 11. Horizon Health Network releases summer edition of Vibrant

Horizon released its summer edition of Vibrant, an electronic health and wellness magazine designed to support Horizon's vision of leading for a healthy tomorrow. The 24-page electronic magazine provides useful and practical information that will help individuals make more informed choices for a healthier lifestyle and is available on Horizon's website, [www.HorizonNB.ca](http://www.HorizonNB.ca). The summer edition of Vibrant contains a variety of interesting articles on healthy eating and active and safe living. Topics include barbecue safety, information from the New Brunswick Heart Centre about how to prevent heart disease, tips from the New Brunswick Trauma Program about preventing injuries while enjoying outdoor activities and the importance of volunteering within Horizon. The articles are written by Horizon's health-care professionals.

## 12. Horizon employees, services and programs honoured for their outstanding work

A number of Horizon Health Network's employees, programs and services were recently honoured with Provincial and National awards. Congratulations are extended to the following who have embraced Horizon's vision of leading for a healthy tomorrow:

- **New Brunswick Medical Society honours Horizon physicians**

At the New Brunswick Medical Society's annual Celebration of Medicine held on May 27-28 Horizon physicians were honoured with distinguished awards and memberships. Dr. Stephen Willis, Family Physician of Saint John received the New Brunswick Medical Society's Order of Merit Award. The award recognized Dr. Willis's life-long commitment and contribution to the medical profession. Dr. Colleen O'Connell, staff Physiatrist and Research Chief at the Stan Cassidy Centre for Rehabilitation received the Dr. Donald Morgan Service Award, which recognizes outstanding contribution to education, research, health promotion or humanitarian service.

Dr. Wayne McLaughlin, Family Physician of Woodstock was presented with the Dr. Garfield Moffatt Award. It recognizes his commitment to excellence in patient care, medical education, community, and in the quality of family life. Dr. Ed Doherty, Ophthalmologist of Saint John received the Dr. William F. Roberts Political Action Award for his commitment to public service through election to either the provincial legislature or the House of Commons.

Lifetime memberships recognizing lengthy service to their respective communities were awarded to: Dr. Robert Caddick, Obstetrician/Gynecologist, Moncton; Dr. Garth Christie, Obstetrician/Gynecologist, Fredericton; Dr. William Covert, Radiologist, Saint John; Dr. Jeanne Duncan, Pediatrician, Saint John; Dr. Michael Graham, Family Physician, Rexton; Dr. Douglas Inglis, Plastic Surgeon, Shediac Cape; Dr. Preston Leavitt, Anesthesiologist, New Maryland; Dr. Alexander Macdonald, Orthopedic Surgeon, Fredericton; Dr. H. Miller MacSween, Gastroenterologist, Fredericton; Dr. Farhat Mahmud, Psychiatrist, Moncton; Dr. Mary Mitton, Psychiatrist, Moncton; Dr. Emilyos Paraskevopoulos, Pediatrician, Saint John; and Dr. Russell Webster, Obstetrician/Gynecologist, Rothesay.

- **The Greater Saint John Teen Pregnancy Committee**

Penny Higdon, Saint John Public Health Nurse, successfully obtained a \$30,000 grant for the Greater Saint John Teen Pregnancy Committee. Higdon chairs the committee and received the grant from the Greater Saint John Community Foundation to address the high rates

of teen pregnancy in the City of Saint John. The funds will be used to develop a social marketing campaign created by local youth for youth; peer driven sexual education in the schools and various Community Centres; support for young families; and accessible and affordable contraception.

- **Horizon Health Network President and CEO receives Top 50 CEO Award for second year in a row**

Donald J. Peters, President and CEO of Horizon Health Network was honoured by Atlantic Business Magazine as one of Atlantic Canada's top President and CEOs for a second consecutive year. The recognition is awarded to Atlantic Canada's most accomplished business leaders. Mr. Peters received his award at the Atlantic Business Magazine's Award Gala in Halifax on May 18.

- **New Brunswick Heart Centre research grant**

A New Brunswick Heart Centre project proposal, titled 'Access to Cardiovascular Care in New Brunswick: Minimizing Disparities and Optimizing Patient Outcomes', received a Grant-in-Aid from the Heart and Stroke Foundation of New Brunswick, in the amount of \$151,485. The proposal was submitted by Dr. Ansar Hassan, Cardiac Surgeon; Dr. Sohrab Lutchmedial, Interventional Cardiologist; Dr. Marc Pelletier, Clinical Department Head, Cardiac Surgery; and Alexandra Yip, Research Analyst, in September 2010. As part of this project, the investigators, led by primary investigator Dr. Hassan, will research if access to cardiac catheterization, percutaneous coronary intervention, cardiac surgery, and electrophysiology procedures in New Brunswick are affected by socioeconomic and geographic factors. The results of this study will allow the team to devise solutions to minimize provincial disparities and optimize patient outcomes.

- **Progressive Neuromuscular Disease Management Workshop receives award**

The Progressive Neuromuscular Disease Management Workshop developed by Dr. Colleen O'Connell, staff Physiatrist and Research Chief at the Stan Cassidy Centre for Rehabilitation, and Brenda MacAlpine, Occupational Therapist with the Centre, received the ALS Society of Canada's Tony Proudfoot Exceptional Public Awareness Program Award in the group category. The award was presented in recognition of their contribution to the Amyotrophic Lateral Sclerosis (ALS) community. Dr. O'Connell and MacAlpine developed and conducted a two and a half-hour workshop at 9 locations across New Brunswick, which focused on evaluation and management of progressive neuromuscular diseases.

- **Oromocto Public Hospital Perioperative Nurses receive national awards**

Barbara Jenkins and Vanna Wasson, who work at the Oromocto Public Hospital were awarded National recognition awards at the 23rd annual Canadian Operating Room Nurses National Conference (ORNAC) held in Regina May 8-13. Jenkins, Staff Nurse, was nominated by her peers for the Isabelle Adams Award in Perioperative Nursing. The award is presented to an

outstanding nurse, who through major commitment has made a significant contribution to operating room nursing in Canada. Jenkins also received the Medline Mentorship Award. Wasson, Perioperative Manager, received the Muriel Shewcuck Award. The award is presented by ORNAC to a perioperative registered nurse whose leadership has made an outstanding contribution to the profession of perioperative nursing at the local, provincial/territorial, national or international level.

- **Canadian Healthcare Association management award**

Eloise May, Nurse Manager of Cardiac Intensive Care and Cardiac Step Down Unit at The Moncton Hospital, was recently awarded the Bonanza Printing and Copying Centre Inc. Award by the Canadian Healthcare Association. May received the award for her paper about integrity and decision making. The paper was prepared as part of the CHA's Modern Management Course. The award is given annually to the Modern Management student who achieves the highest mark on the program's major assignment.

- **Saint John Regional Hospital receives Canadian Nurses Association Innovation Award**

The Saint John Regional Hospital was recently awarded a Canadian Nurses Association (CNA) Innovation Award for integrating CNA certification into the professional development pathway for all newly hired nurses. This enables nurses to achieve CNA certification within four years of being hired. The CNA prizes are awarded annually to honour employers who have shown an exceptional commitment to supporting registered nurses pursuing and maintaining national certification in a range of nursing specialties/areas of nursing practice.

- **Health Executive Certification with the Canadian College of Health Leaders**

Nancy Roberts, Vice President Health Services, Planning, Quality and Research received her Certified Health Executive (CHE) designation

from the Canadian College of Health Leaders in May. The certification was achieved through completion of the College's CHE competency based program. Certified Health Executives are skilled professionals who are committed to both personal career development and their profession. Becoming a CHE allows health leaders to gain valuable insight into the most advanced health leadership practices and become better able to lead an organization.

### 13. Patients waiting for an alternate setting of care update

The number of patients waiting for an alternate setting of care, such as a nursing home, remained nearly the same within hospitals across Horizon in May, compared to the previous month. As of June 8, 25 per cent of acute care beds located in regional hospitals were occupied by patients waiting for an alternate setting of care. These patients no longer require acute care services of a hospital but are unable to return home due to their health-care requirements. This represents an average of 303 patients in regional hospitals and an average of 43 patients in community hospitals. Horizon is continuing to work collaboratively with the Department of Health, the Department of Social Development and Vitalité Health Network to develop solutions to this issue.

### 14. New physicians recruited

Over the last several weeks, five new physicians joined Horizon's medical staff. A Hematopathologist joined the medical team in Moncton; a Gastroenterologist and two Family Physicians were welcomed in Saint John and surrounding area; and a Family Physician opened their practice in Fredericton. Horizon is actively recruiting for positions in the area of family medicine and medical specialties.

Horizon Health Network is the largest health-care organization in Atlantic Canada, operating 12 hospitals and more than 100 medical facilities, clinics and offices providing medical services ranging from acute care to community based health services to New Brunswick, northern Nova Scotia and Prince Edward Island. With 1000 physicians, an annual budget exceeding \$1 billion and approximately 13,000 employees, Horizon Health Network's strategic vision focuses on research, innovation and education.



155 Pleasant Street, Miramichi, NB E1V 1Y3

[www.HorizonNB.ca](http://www.HorizonNB.ca)